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Executive Director
Sandra Fitzpatrick

GENERAL MEETINGS MINUTES

Hotel Diamond, Chico
September 17-18, 2015

THURSDAY, SEPTEMBER 17, 2015

I. Call to Order and Pledge of Allegiance

Commissioner Last called the meeting to order at 9:05 a.m. Commissioner Last led the Pledge of Allegiance.

II. Roll Call and Establish Quorum

Commissioners Present: Marian Last, Donna Benton, Betsy Butler, Steven Castle, Julie Conger, Paul Downey, Lucy Fisher, Stuart Greenbaum, Barbara Mitchell, Gail Nickerson, Bob Petty, Jane Rozanski, Jean Schuldberg, Ed Walsh

Commissioners Absent: Carmen Reyes, Rita Saenz, David Sanchez, Virgie Walker

Staff: Sandi Fitzpatrick, Carol Sewell, Marcella Villanueva

Guests: Celeste A Jones, Seema Sehrawat, Paul Zingg, Eddie Vela, Joe Cobery, Ed Long, David Beveridge, Marion Dewar, Keith Stilson, Chris Sims, Ann Nikolai, Monica Palmeira, Lakshmi Ariaratnam, Jane Casa, Henry Eisenman, Celeste Vorce, Angela He

A quorum was established.

III. Introductions: Commissioners & Guests

Commissioners introduced themselves. Commissioner Schuldberg introduced Dr. Paul Zingg and Dr. Eddie Vela.

IV. Welcome to Chico State University

A. Dr. Paul Zingg, President, CSU, Chico

Dr. Zingg welcomed the Commissioners to CSU Chico and noted the university's focus on serving older adults, evidenced through the on-campus presence of the Osher Lifelong Learning Institute, the Interdisciplinary Center on Aging, and Passages.

B. Dr. Eddie Vela, Dean of College of Behavioral and Social Sciences

Dr. Vela welcomed the Commissioners to Chico and provided an overview of the College of Behavioral and Social Sciences' work with the aging population.

V. Welcome to Planning and Service Area 3, Joe Cobery, Executive Director, Passages (Planning and Service Area 3)

Mr. Cobery described the issues faced by PSA 3, which covers a five-county area the size of Vermont with an older adult population of 80,000.

VI. Approve Agenda

The September 17-18, 2015 CCoA general meeting agenda was reviewed.

M/S/C (Downey/Mitchell)

TO APPROVE THE SEPTEMBER 17-18, 2015 CCOA GENERAL MEEING AGENDA.

VII. Approve Minutes from June 16-17, 2015

The minutes from the June 16-17, 2015 CCoA meeting were reviewed.

M/S/C (Downey/Conger)

TO APPROVE THE MINUTES FROM THE JUNE 16-17, 2015 CCOA MEETING.

VIII. Public Comments

None

IX. Comments from the Chair

In the absence of the chair, no report was given.

X. Presentation: *Interdisciplinary Center on Aging at CSU Chico Digital Story Telling*

Presenters: Celeste A Jones, PhD and Seema Sehwat, PhD

Commissioner Schuldberg introduced Dr. Jones and Dr. Sehwat, who described development of the Interdisciplinary Center on Aging. The Center's goals include facilitation of on-campus research in aging, building knowledge of aging in the student body and community, and strengthening education and community service endeavors. Dr. Sehwat reviewed the center's work developing resources and information. She provided an overview of the Intergenerational Storytelling Pilot Project (ISPP), which records multigenerational participants' stories on video.

XI. Executive Committee Report

The Executive Committee Meeting Report was incorporated into business items on the agenda.

XII. Elder Justice Committee Report

Commissioner Conger reported on the Elder Justice Committee's September 9th teleconference meeting.

A. Elder Justice Initiatives Highlighted at the 2015 WHCoA

Commissioner Conger reported on the elder justice initiatives announced at the 2015 White House Conference on Aging and an invitation to collaborate with C4A and CEJC on a 2016 World Elder Abuse Awareness Day campaign and possible event.

M/S/C (Conger/Fisher)

TO AUTHORIZE STAFF TO CONTINUE DISCUSSIONS REGARDING POSSIBLE COLLABORATION ON A WORLD ELDER ABUSE AWARENESS DAY CAMPAIGN AND POSSIBLE EVENT, WITH A REPORT BACK AND FINAL DECISION TO BE MADE AT THE NOVEMBER CCOA MEETING.

XIII. Staff Report

A. Staff Activity Report

Fitzpatrick reviewed the Staff Activity report and referenced the end of Commissioner Walker's term of office at the end of September.

B. Commissioner Travel Report

Fitzpatrick reviewed the Commissioner Travel Expense spreadsheet for FY 2014-15.

C. Commissioner photos on website

Fitzpatrick polled the commissioners on the possibility of posting their photos with their biography on the CCoA website.

D. State Form #204

Villanueva and Fitzpatrick reviewed the new process for receiving travel reimbursement from the State via the new FI\$Cal (Financial Information System for California) system which requires the completion of state form 204.

E. Legislative Update

Sewell provided a legislative update and provided a handout.

F. Staff Highlight: VOCA Steering Committee

Sewell reported on the VOCA Steering Committee.

XIV. Presentation: 2013-2017 State Plan on Aging Progress Report

Presenter: Ed Long, Deputy Director, Long-Term Care and Aging Services Division, California Department of Aging

Mr. Long reviewed the Department's mission and the State Plan on Aging goals, and accomplishments to date.

Meeting recessed for lunch at 11:38 a.m.

Meeting reconvened at 12:35 p.m.

XV. Panel Presentation: *Challenges to Aging in Place in Rural California*

Moderator: Joe Cobery, Executive Director, Passages

Mr. Cobery introduced the panelists and the topic of providing aging services in rural California.

- **David Beveridge, Long-Term Care Ombudsman, Passages**

Mr. Beveridge, Ombudsman Coordinator for PSA 3, described the work of program volunteers covering 85 facilities in the five county region.

- **Marion Dewar, Caregiver Advocate**

Ms. Dewar who is caregiver for her husband, described her reliance on numerous program supports, Passages and support groups, as well as friends and family who help out.

- **Keith Stilson, MS, Vice President Ancillary Services, Feather River Hospital**

Mr. Stilson described the role of the 100-bed hospital and outpatient clinic in the community of Paradise, with twice the over-65 population of the rest of the state.

Panelists discussed providing services over the large geographic area on a limited budget, the difficulty of recruiting providers, and the challenge of finding services to support home-care.

XVI. Unfinished Business

A. Approve Tentative Meeting Schedule for 2016

The tentative CCoA meeting schedule for 2016 was reviewed: January in Sonoma; March in Los Angeles; May in Sacramento; September in Sacramento; November in Los Angeles.

THE TENTATIVE 2016 MEETING SCHEDULE WAS APPROVED BY CONSENSUS.

B. White House Conference on Aging Report

Commissioner Downey reported on the 2015 White House Conference on Aging.

C. California Long-Term Services and Supports Financing Reform Working Group Update

Fitzpatrick provided an update on the LTSS Financing Reform effort, which was initiated by LeadingAge and will be continued by the California Collaborative for Long-Term Services and Supports.

XVII. Federal Policy Committee Meeting Report

Commissioner Mitchell provided the Federal Policy Committee meeting report.

A. Older Americans Act Reauthorization: Update

Commissioner Mitchell reported on the Senate's passage of the Older Americans Act reauthorization bill. No timeline is set for House action on the bill.

M/S/C (Mitchell/Fisher)

TO URGE COMMISSIONERS TO FORWARD CHHS SECRETARY DOOLEY'S LETTER ON OAA REAUTHORIZATION TO THEIR OWN CONGRESSIONAL REPRESENTATIVE.

B. N4A comments on proposed Medicaid managed care regulations

Commissioner Walsh reported on N4A's letter to CMS regarding proposed rule changes for Medicaid Managed Care, which could inhibit the ability of AAAs to provide multiple levels of services with federal funding.

C. Medicare deaths, hospitalizations and costs reduced

Commissioner Petty discussed outcomes of recent Yale study into impacts of Medicare and reduced patient costs.

XVIII. Presentation: *Connections Program* – a rural mental health model

Presenter: Chris Sims, LCSW - Counselor, CSU, Chico Counseling and Wellness Center

Mr. Sims discussed the work of the Connections program, a collaboration of the MHSA/Passages and Butte County Behavioral Health collaboration primarily serving “silent generation” with necessary mental health services.

XIX. *A Multi-Generation Perspective on Aging*

Moderator: Commissioner Jean Schulberg introduced Ann Nikolai and the intergenerational panel.

A. Introduction to Osher Lifelong Learning Institute: Ann Nikolai, M.P.A., Institute Director

Ms. Nikolai introduced the OLLI program and its work in Butte County, which serves traditional and non-traditional students.

B. This session will include a lively dialogue between CSUC students pursuing a career in gerontology and older adults who participate in “lifelong” learning courses.

Panelists Angela He, Celeste Vorse, Lakshmi Ariaratnam, Jane Casa, and Henry Eisenman discussed their views of the positive and negatives of aging and ideas for improving policies and resources to serve older adults.

XX. Recess

Meeting recessed at 4:20 p.m.

FRIDAY, SEPTEMBER 18, 2015

Meeting reconvened at 8:10 a.m.

XXI. New Business

A. Review of CCoA Nominations and Elections Process

Fitzpatrick referred members to the election procedures in their packets.

B. Chair’s appointment of Nominating Committee and Timeline

Commissioner Last announced Chair Walker’s appointment of Commissioner Castle as chair and Commissioners Mitchell and Greenbaum as Nominating Committee members.

C. Appeals Court decision on mental health parity

Commissioner Mitchell discussed a recent federal appeals court decision on mental health parity with the potential to affect both mental health and substance abuse treatment.

XXII. Operational Procedures & Bylaws Committee Report

Commissioner Nickerson provided the Operational Procedures & Bylaws committee report.

A. Proposed edits to CCoA Bylaws

Commissioner Nickerson outlined the proposed changes to the Bylaws, making two technical corrections to comply with current law and making the bylaws consistent with the intent of the previous bylaws changes.

M/S/C (Mitchell/Rozanski)

TO APPROVE THE BYLAWS CHANGES.

B. Gauging Aging: Introduction and Executive Summary

Commissioner Nickerson reviewed the Gauging Aging report and how the ideas could improve perceptions of aging in the eyes of the public and policy outcomes

C. Proposed 2015-17 Communication Blueprint

The Committee presented a communications blueprint that points to how the reframing movement could benefit aging services and could enhance CCoA's work. Commissioners were asked to review for discussion at a future meeting. Commissioners Schuldberg and Benton were asked to present information at the November meeting on ways to support gerontology education.

D. Repurpose An Economic Boon

Commissioner Greenbaum discussed the article *Repurpose an Economic Boon*.

XXIII. Presentation: Senior Housing: The Rural Perspective Presenter: Monica Palmeira, Policy and Programs Specialist, California Coalition for Rural Housing

Ms. Palmeira reviewed the work of CCRH, a coalition of non-profit housing providers and their work on housing, financial literacy, age-friendly banking and providing programming in place to educate elders.

XXIV. Commissioner Comments

Commissioners commented on speakers and presentations.

Fitzpatrick shared information about a C4A initiative to promote an area agency funding proposal in the form of a recreational marijuana initiative.

XXV. Next Meeting: November 18-19, 2015 in Costa Mesa/Newport Beach

The next Commission meeting will be held November 18-19, 2015 in Costa Mesa.

XXVI. Adjourn

Meeting adjourned at 10:10 a.m.

M/S/C (Downey/Castle)

TO ADJOURN MEETING.