

# **TURNING IDEAS INTO ACTION**

**Wednesday, November 29, 2006**

**9:00 a.m. – 5:00 p.m.**

**Holiday Inn Capitol Plaza**

**California Room**

**300 J Street**

**Sacramento, CA 95814**

## **AGENDA**

**8:30 a.m. REGISTRATION AND CONTINENTAL BREAKFAST**

**9:00 a.m. WELCOME/OPENING REMARKS**

**Jorge J. Lambrinos**, Chair, California Commission on Aging and  
2005 WHCoA Governor's Delegate

**Leah Wyman**, Chair, CCoA White House Conference on Aging  
Committee and 2005 WHCoA Policy Committee Delegate

**9:15 a.m. TURNING IDEAS INTO ACTION: HOW TO FACILITATE CHANGE AT  
THE STATE LEVEL**

**Secretary Kimberly Belshé**  
California Health and Human Services Agency

**9:45 a.m. FROM WASHINGTON D.C. TO SACRAMENTO: BUILDING ON THE  
EXPERIENCE**

**Lora Connolly**, Acting Director, California Department of Aging and  
2005 WHCoA Governor's Delegate

**Sandy Smoley**, 2005 WHCoA Governor's Delegate and Co-Dean of the  
California Delegation

**Ray Mastalish**, 2005 WHCoA Policy Committee Delegate and Co-Dean  
of the California Delegation

**10:15 a.m. BREAK**

10:30 a.m.

## STRATEGY IDENTIFICATION SESSION #1

### 1.1 Disease Management

*Strategies to improve elder health and quality of life over the life span*

Facilitator: **Cheryl Phillips**, Chief Medical Officer, Sutter Health Partners and 2005 WHCoA Governor's Delegate

Recorder: Meg Reeve, Advocacy Coordinator, Congress of California Seniors

Room: Balboa

### 1.2 Transitional Care

*Strategies to facilitate transitions from hospital/institutional settings to a home- and community-based setting*

Facilitator: **Andrew Scharlach**, Professor of Social Welfare and Director of the Center for the Advanced Study of Aging Services, University of California at Berkeley

Recorder: Janet Tedesco, Grants Specialist, California Department of Aging

Room: Granada & Hermosa

### 1.3 Mobility

*Strategies to facilitate connections between health and human service programs and transportation at the state and local levels*

Facilitator: **Peter Steinert**, Interagency Coordination Liaison, California Department of Transportation and Chair of the Long Range Strategic Plan on Aging's Transportation Task Team

Recorder: Sarah Loftin, Committee Secretary, Assembly Committee on Aging & Long Term Care

Room: Calaveras

### 1.4 Workforce Capacity

*Strategies to prepare our workforce, including physicians, social workers, etc. to meet the needs of an aging population*

Facilitator: **Moira Fordyce**, M.D., M.B., ChB and 2005 WHCoA U.S. Senator's Delegate

Recorder: Carol Sewell, Program Analyst, California Commission on Aging

Room: Diablo

**11:45 a.m. BREAK**

**12:00 noon LUNCHEON**  
**Sponsored by Kaiser Permanente**  
**Room: California**

Moderator: **Celia J. Esquivel**, Vice Chair, California Commission on Aging and 2005 WHCoA Governor's Delegate

Welcome: **Susan Rosenthal**, Government Relations Specialist, Kaiser Permanente

Speaker: **Fernando Torres-Gil**, Ph.D., Director, Center for Policy Research, UCLA and 2005 WHCoA Governor's Delegate

**1:15 p.m. STRATEGY IDENTIFICATION SESSION #2**

**2.1 Rural Healthcare Access**

*Strategies to enhance access to health care in rural communities, including the application of telemedicine*

Facilitator: **Kathleen Maestas**, Acting Executive Director for the California Health Policy and Data Advisory Commission and Administrator for the Rural Health Policy Council

Recorder: Chris Martinek, Student, Fielding Graduate University and 2005 WHCoA Observer

Room: Balboa

**2.2 Cultural Diversity**

*Strategies that support and improve access to culturally relevant and specific services for older Californians and their caregivers*

Facilitator: **Wesley Mukoyama**, Executive Director, Yu-Ai Kai/Japanese American Senior Community Services and 2005 WHCoA Policy Committee Delegate

Recorder: Eileen Bostwick, Director, Foster Grandparent and Senior Companion Programs, North Coast Opportunities and 2005 WHCoA Policy Committee Delegate

Room: Calaveras

### **2.3 Access to Employment Opportunities**

*Strategies that encourage retention, re-entry and career transitions*

Facilitator: **Helen Dennis**, Specialist in Aging, Employment and Retirement and 2005 WHCoA Policy Committee Delegate

Recorder: Meg Reeve, Advocacy Coordinator, Congress of California Seniors

Room: Diablo

### **2.4 Health Promotion**

*Strategies to integrate health promotion into home- and community-based services*

Facilitator: **June Simmons**, CEO, Partners in Care Foundation and 2005 WHCoA Policy Committee Delegate

Recorder: Sharon Monck, Executive Director, Renaissance at Kensington Place, Walnut Creek, CA.

Room: Granada & Hermosa

**2:30 p.m.**

### **BREAK**

Refreshments will be available in the interior hallway, opposite the Granada Room

**2:45 p.m.**

### **STRATEGY IDENTIFICATION SESSION #3**

#### **3.1 Intergenerational Activities**

*Strategies to promote intergenerational relationships and build stronger communities*

Facilitator: **Kelly Bruno**, Vice President, ONEgeneration

Recorder: Meg Reeve, Advocacy Coordinator, Congress of California Seniors

Room: Granada & Hermosa

### **3.2 Direct Care Workers**

*Strategies to ensure that direct care workers can best be prepared to meet the needs of our aging population through appropriate support and training*

Facilitator: **Betty Malks**, Director, Department of Aging & Adult Services, County of Santa Clara and 2005 WHCoA Congressional Delegate

Recorder: Chris Martinek, Student, Fielding Graduate University and 2005 WHCoA Observer

Room: Balboa

### **3.3 Housing**

*Strategies for promoting housing design that enhances aging in place and safety [e.g., fall prevention] in both new construction and existing housing through home modification, home repair, and universal design*

[Due to the interest in this topic, two rooms have been set aside for discussion.]

Facilitator: **Jon Pynoos**, UPS Foundation Professor of Gerontology, Co-Director of Fall Prevention Center of Excellence, Andrus Gerontology Center, University of Southern California and 2005 WHCoA Governor's Delegate

Recorder: Janet Tedesco, Grants Specialist, California Department of Aging

Room: Calaveras

Facilitator: **Gretchen Alkema**, Gerontology Researcher, Andrus Gerontology Center

Recorder: Carol Sewell, Program Analyst, California Commission on Aging

Room: Diablo

**4:00 p.m.**

### **REFLECTIONS ON THE DAY/WHERE WE GO FROM HERE**

Room: California

**Sarah Steenhausen**, Assistant Secretary, California Health and Human Services Agency and 2005 WHCoA Policy Committee Delegate

**Monique Parrish**, Consultant, Lifecourse Strategies

**Sandra Fitzpatrick**, Executive Director, California Commission on Aging and 2005 WHCoA Policy Committee Delegate

6:00 – 7:30 p.m.    **RECEPTION FOR 2005 WHCoA DELEGATES**  
No Host Bar  
Room: John Q. Ballroom (16<sup>th</sup> Floor)

## **BUILDING MOMENTUM SESSION**

**Thursday, November 30, 2006**

**8:30 a.m. – 12:00 noon**

### **AGENDA**

**8:00 a.m.                    REGISTRATION AND CONTINENTAL BREAKFAST**

**8:30 a.m.                    WELCOME AND RECAP OF YESTERDAY**  
Room: California

**Sarah Steenhausen**, Assistant Secretary, California Health and Human Services Agency

**Sandra Fitzpatrick**, Executive Director, California Commission on Aging

**8:45 a.m.                    HOW CAN THE CALIFORNIA DELEGATION IMPACT CHANGE AT THE STATE OR LOCAL LEVEL AND WHAT TOOLS WILL BE NEEDED TO TURN IDEAS INTO ACTION?**

**Robert Blancato**, Matz, Blancato & Associates, Inc. and 2005 WHCoA Executive Committee and Policy Committee Member

**9:30 a.m.                    BUILDING ON THE MOMENTUM: DEVELOPING STRATEGIES FOR CHANGE AT THE LOCAL LEVEL**

**Monique Parrish**, Consultant, LifeCourse Strategies

**10:15 a.m.                    BREAK**

**10:30 a.m.                    BUILDING ON THE MOMENTUM: DEVELOPING STRATEGIES FOR CHANGE AT THE LOCAL LEVEL - CONTINUED**

**11:45 a.m.                    CONCLUDING REMARKS**

**Jorge J. Lambrinos**, Chair, California Commission on Aging